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## **PODCAST | From Food Waste and Wasted Food to Resource Recovery**

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### **Author(s)**

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Americans waste 40% of their food. How did we become so wasteful and what can we do about it? Dr. Ariela Zycherman is joined by Dr. Irina Feygina of Climate Central, Jason Turgeon of the Environmental Protection Agency, and Maria Rose Belding and Grant Nelson from the MEANS database for a discussion about what parts of food we waste, why we waste, and what we can do to reduce waste across a variety of social, natural and built systems.

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